A Child's Bill of Personal Safety Rights

- 1. You have the right to be strong and confident.
- 2. You have the right to trust your feelings.
- 3. You have the right to say no.
- 4. You have the right to ask for help.
- 5. You have the right to say you don't want to be touched or kissed.
- 6. You have the right to refuse gifts.
- 7. You have the right to be protected from harm.
- 8. You have the right to be rude when you are being hurt or bothered.
- 9. You have the right to yell and make a scene when you are in danger.
- 10. You have the right to run away from danger.
- 11. You have the right to kick or bite when you are in danger.



Harborview Center for Sexual Assault and Traumatic Stress 07